

Z DELFINEM DO TOKIO 2019
TORU , 26.10.2019

Konkurencja 26
26.10.2019

M czynzn, 400m dowolny

12 lat i starsi
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.		
16 lat i starsi											
1.	MUSZY	SKI, Jakub	01	MUKS	"Pi tnastka"			4:01.93	675		
	50m:	27.64 27.64	150m:	1:27.05	29.85	250m:	2:28.16	30.71	350m:	3:31.18	31.99
	100m:	57.20 29.56	200m:	1:57.45	30.40	300m:	2:59.19	31.03	400m:	4:01.93	30.75
2.	DOBRINDT,	Mikołaj	03	MUKS	"Pi tnastka"			4:06.77	636		
	50m:	59.54 59.54	150m:			250m:	3:04.93	1:03.08	350m:		
	100m:		200m:	2:01.85		300m:			400m:	4:06.77	
3.	TYLICKI,	Mateusz	01	MUKS	"Pi tnastka"			4:06.78	636		
	50m:	28.24 28.24	150m:	1:29.94	31.07	250m:	2:32.63	31.44	350m:	3:36.39	32.05
	100m:	58.87 30.63	200m:	2:01.19	31.25	300m:	3:04.34	31.71	400m:	4:06.78	30.39
15 lat											
1.	MINISZEWSKI,	Sebastian	04	MUKS	"Pi tnastka"			4:20.20	542		
	50m:	28.38 28.38	150m:	1:31.27	31.97	250m:	2:38.24	33.67	350m:	3:46.58	33.56
	100m:	59.30 30.92	200m:	2:04.57	33.30	300m:	3:13.02	34.78	400m:	4:20.20	33.62
2.	KRUSZEWSKI,	Adrian	04	MTKP	Delfin Toru			4:22.46	528		
	50m:	29.75 29.75	150m:	1:34.91	33.11	250m:	2:42.03	33.83	350m:	3:49.69	33.77
	100m:	1:01.80 32.05	200m:	2:08.20	33.29	300m:	3:15.92	33.89	400m:	4:22.46	32.77
3.	DOMAGAŁA,	Tymoteusz	04	MUKS	"Pi tnastka"			4:25.44	511		
	50m:	29.68 29.68	150m:	1:36.22	33.69	250m:	2:43.87	33.81	350m:	3:52.23	34.28
	100m:	1:02.53 32.85	200m:	2:10.06	33.84	300m:	3:17.95	34.08	400m:	4:25.44	33.21
4.	KNOPP,	Jarosław	04	MUKS	"Pi tnastka"			4:30.69	482		
	50m:	30.35 30.35	150m:	1:37.78	34.05	250m:	2:47.01	34.75	350m:	3:56.81	34.83
	100m:	1:03.73 33.38	200m:	2:12.26	34.48	300m:	3:21.98	34.97	400m:	4:30.69	33.88
5.	JANECZEK,	Stanisław	04	MUKS	"Pi tnastka"			4:35.87	455		
	50m:	31.08 31.08	150m:	1:39.47	34.59	250m:	2:49.46	34.96	350m:	4:00.56	35.90
	100m:	1:04.88 33.80	200m:	2:14.50	35.03	300m:	3:24.66	35.20	400m:	4:35.87	35.31
14 lat											
1.	BANIA,	Karol	05	MUKS	"Pi tnastka"			4:27.50	499		
	50m:	30.31 30.31	150m:	1:35.74	33.21	250m:	2:44.29	34.46	350m:	3:54.07	35.21
	100m:	1:02.53 32.22	200m:	2:09.83	34.09	300m:	3:18.86	34.57	400m:	4:27.50	33.43
2.	SZYMA	SKI, Igor	05	MUKS	"Pi tnastka"			4:33.05	469		
	50m:	30.77 30.77	150m:	1:39.59	35.08	250m:	2:49.40	35.15	350m:	3:59.70	35.19
	100m:	1:04.51 33.74	200m:	2:14.25	34.66	300m:	3:24.51	35.11	400m:	4:33.05	33.35
3.	GRUBA,	Szymon	05	MUKS	"Pi tnastka"			4:37.22	448		
	50m:	30.00 30.00	150m:	1:37.86	34.05	250m:	2:48.62	35.33	350m:	4:01.30	36.43
	100m:	1:03.81 33.81	200m:	2:13.29	35.43	300m:	3:24.87	36.25	400m:	4:37.22	35.92
4.	SROKA,	Bła ej	05	MUKS	"Pi tnastka"			4:47.09	404		
	50m:	31.27 31.27	150m:	1:41.54	35.83	250m:	2:54.86	36.89	350m:	4:10.90	37.67
	100m:	1:05.71 34.44	200m:	2:17.97	36.43	300m:	3:33.23	38.37	400m:	4:47.09	36.19
5.	GILEWSKI,	Piotr	05	MUKS	"Pi tnastka"			4:47.87	400		
	50m:	32.01 32.01	150m:	1:46.28	37.70	250m:	3:01.94	38.02	350m:	4:15.94	35.97
	100m:	1:08.58 36.57	200m:	2:23.92	37.64	300m:	3:39.97	38.03	400m:	4:47.87	31.93
6.	UKOWSKI,	Antoni	05	MUKS	"Pi tnastka"			4:52.86	380		
	50m:	33.20 33.20	150m:	1:46.88	36.93	250m:	3:01.41	37.31	350m:	4:15.84	37.14
	100m:	1:09.95 36.75	200m:	2:24.10	37.22	300m:	3:38.70	37.29	400m:	4:52.86	37.02
7.	SONAKOWSKI,	Bartosz	05	MUKS	"Pi tnastka"			4:56.76	365		
	50m:	33.13 33.13	150m:	1:46.88	37.58	250m:	3:04.24	39.30	350m:	4:56.76	34.75
	100m:	1:09.30 36.17	200m:	2:24.94	38.06	300m:	4:22.01	1:17.77	400m:	4:56.76	

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Pozycja			Rok ur.					Czas	Pkt.		
8.	WAMKA, Maksymilian		05	MUKS "Pi tnastka"				5:05.06	336		
	50m:	32.82 32.82	150m:	1:48.17	38.62	250m:	3:07.07	40.23	350m:	4:27.92	40.41
	100m:	1:09.55 36.73	200m:	2:26.84	38.67	300m:	3:47.51	40.44	400m:	5:05.06	37.14
9.	RUSINEK, Mateusz		05	MUKS "Pi tnastka"				5:43.59	235		
	50m:	36.71 36.71	150m:	2:02.16	43.98	250m:	3:30.94	44.51	350m:	4:57.65	43.30
	100m:	1:18.18 41.47	200m:	2:46.43	44.27	300m:	4:14.35	43.41	400m:	5:43.59	45.94
10.	TOMCZAK, Michał		05	MUKS "Pi tnastka"				5:48.57	225		
	50m:	37.79 37.79	150m:	2:08.05	46.35	250m:	3:39.90	47.07	350m:	5:11.16	45.36
	100m:	1:21.70 43.91	200m:	2:52.83	44.78	300m:	4:25.80	45.90	400m:	5:48.57	37.41
11.	JURCZAK, Karol		05	UKP WODNIK Włocławek				6:36.31	153		
	50m:	42.90 42.90	150m:	2:22.69	50.89	250m:	4:04.90	50.74	350m:	5:45.91	49.61
	100m:	1:31.80 48.90	200m:	3:14.16	51.47	300m:	4:56.30	51.40	400m:	6:36.31	50.40

13 lat

1.	CIECHOMSKI, Rafał		06	UKS Tytan-65 Bydgoszcz				4:26.12	507		
	50m:	28.87 28.87	150m:	1:35.50	34.42	250m:	2:43.81	34.32	350m:	3:53.16	34.72
	100m:	1:01.08 32.21	200m:	2:09.49	33.99	300m:	3:18.44	34.63	400m:	4:26.12	32.96
2.	MROZI SKI, Mikołaj		06	MUKS "Pi tnastka"				4:30.10	485		
	50m:	30.15 30.15	150m:	1:38.07	34.29	250m:	2:48.27	35.35	350m:	3:56.84	33.60
	100m:	1:03.78 33.63	200m:	2:12.92	34.85	300m:	3:23.24	34.97	400m:	4:30.10	33.26
3.	NETTER, Maciej		06	UKS Tri-Team Rumia				4:48.19	399		
	50m:	33.62 33.62	150m:	1:46.99	36.78	250m:	3:00.19	35.98	350m:	4:12.58	36.26
	100m:	1:10.21 36.59	200m:	2:24.21	37.22	300m:	3:36.32	36.13	400m:	4:48.19	35.61
4.	SINACKI, Filip		06	MTKP Delfin Toru				4:55.75	369		
	50m:	30.67 30.67	150m:	1:43.05	37.32	250m:	3:00.71	38.78	350m:		
	100m:	1:05.73 35.06	200m:	2:21.93	38.88	300m:	3:39.76	39.05	400m:	4:55.75	
5.	ZASADA, Wiktor		06	MUKS "Pi tnastka"				4:56.04	368		
	50m:	32.64 32.64	150m:	1:47.36	37.59	250m:	3:03.69	38.13	350m:	4:19.96	37.62
	100m:	1:09.77 37.13	200m:	2:25.56	38.20	300m:	3:42.34	38.65	400m:	4:56.04	36.08
6.	POPOVYCH, Kyrylo		06	UKS Tri-Team Rumia				4:58.74	358		
	50m:	34.26 34.26	150m:	1:49.13	37.08	250m:	3:05.00	37.78	350m:	4:20.89	38.07
	100m:	1:12.05 37.79	200m:	2:27.22	38.09	300m:	3:42.82	37.82	400m:	4:58.74	37.85
7.	ZAWADZKI, Jakub		06	Uks Ruch Grudzi dz				5:03.35	342		
	50m:	33.81 33.81	150m:	1:50.55	38.96	250m:	3:07.61	39.01	350m:	4:25.86	39.29
	100m:	1:11.59 37.78	200m:	2:28.60	38.05	300m:	3:46.57	38.96	400m:	5:03.35	37.49
8.	TOMASIEWICZ, Jeremi		06	Włocławski Klub Nurkowy Jacque				5:19.25	293		
	50m:	33.99 33.99	150m:	1:54.77	41.24	250m:	3:17.88	42.01	350m:	4:40.72	41.18
	100m:	1:13.53 39.54	200m:	2:35.87	41.10	300m:	3:59.54	41.66	400m:	5:19.25	38.53
9.	CZAJKOWSKI, Wiktor		06	Uks Ruch Grudzi dz				5:22.49	285		
	50m:	35.87 35.87	150m:	1:58.23	41.11	250m:	3:21.21	41.34	350m:	4:45.27	42.00
	100m:	1:17.12 41.25	200m:	2:39.87	41.64	300m:	4:03.27	42.06	400m:	5:22.49	37.22
10.	OCHENDAL, Oliwier		06	Uks Czwórka Nakło				5:24.62	279		
	50m:	34.97 34.97	150m:	1:55.72	41.24	250m:	3:19.49	42.16	350m:	4:43.69	41.58
	100m:	1:14.48 39.51	200m:	2:37.33	41.61	300m:	4:02.11	42.62	400m:	5:24.62	40.93
11.	CIURYŁO, Mikołaj		06	MTKP Delfin Toru				5:33.03	258		
	50m:	35.23 35.23	150m:	2:40.39	43.67	250m:	4:07.98	44.25	350m:		
	100m:	1:56.72 1:21.49	200m:	3:23.73	43.34	300m:	5:33.03	1:25.05	400m:	5:33.03	
12.	KONIECZNY, Krzysztof		06	UKP WODNIK Włocławek				5:37.53	248		
	50m:	36.44 36.44	150m:	2:01.33	42.87	250m:	3:27.55	42.92	350m:	4:54.22	42.61
	100m:	1:18.46 42.02	200m:	2:44.63	43.30	300m:	4:11.61	44.06	400m:	5:37.53	43.31
13.	KOPCZY SKI, Krystian		06	MTKP Delfin Toru				5:48.51	225		
	50m:	37.84 37.84	150m:	2:05.07	44.06	250m:	3:33.56	44.05	350m:	4:59.49	41.86
	100m:	1:21.01 43.17	200m:	2:49.51	44.44	300m:	4:17.63	44.07	400m:	5:48.51	49.02

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Pozycja			Rok ur.				Czas				Pkt.	
14.	SIEPRAWSKI, Oskar		06				MTKP Delfin Toru				5:52.85	217
	50m:	38.50	38.50	150m:	2:07.91	45.24	250m:	3:39.04	45.59	350m:	5:10.99	46.13
	100m:	1:22.67	44.17	200m:	2:53.45	45.54	300m:	4:24.86	45.82	400m:	5:52.85	41.86
15.	ERO, Remigiusz		06				MTKP Delfin Toru				5:57.65	209
	50m:	41.85	41.85	150m:	2:13.25	46.10	250m:	3:44.88	46.24	350m:	5:15.40	45.75
	100m:	1:27.15	45.30	200m:	2:58.64	45.39	300m:	4:29.65	44.77	400m:	5:57.65	42.25
16.	WSZOŁEK, Piotr		06				Uks Ruch Grudzi dz				6:04.21	197
	50m:	38.09	38.09	150m:	2:08.35	46.58	250m:	3:42.49	47.20	350m:	5:18.17	48.07
	100m:	1:21.77	43.68	200m:	2:55.29	46.94	300m:	4:30.10	47.61	400m:	6:04.21	46.04

12 lat

1.	KRY , Radosław		07				UKS Tri-Team Rumia				4:36.70	451
	50m:	31.55	31.55	150m:	1:40.56	35.04	250m:	2:51.12	35.17	350m:	4:02.22	35.63
	100m:	1:05.52	33.97	200m:	2:15.95	35.39	300m:	3:26.59	35.47	400m:	4:36.70	34.48
2.	GRZYWI SKI, Jakub		07				Włocławski Klub Nurkowy Jacque				4:56.84	365
	50m:	33.71	33.71	150m:	1:49.89	38.26	250m:	3:06.75	38.75	350m:	4:22.22	37.77
	100m:	1:11.63	37.92	200m:	2:28.00	38.11	300m:	3:44.45	37.70	400m:	4:56.84	34.62
3.	KLONOWSKI, Mikołaj		07				KP Olimpia wiecie				5:22.40	285
	50m:	35.92	35.92	150m:	1:58.62	41.53	250m:	3:22.28	41.82	350m:	4:44.77	40.80
	100m:	1:17.09	41.17	200m:	2:40.46	41.84	300m:	4:03.97	41.69	400m:	5:22.40	37.63
4.	KARCZEWSKI, Szymon		07				Sejwal Rypin				5:25.41	277
	50m:	36.72	36.72	150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	5:25.41	
5.	BALINOWSKI, Oskar		07				MTKP Delfin Toru				5:42.63	237
	50m:	36.52	36.52	150m:	2:02.75	43.63	250m:	3:32.25	44.98	350m:	5:02.01	44.55
	100m:	1:19.12	42.60	200m:	2:47.27	44.52	300m:	4:17.46	45.21	400m:	5:42.63	40.62
6.	ŁUBKOWSKI, Wiktor		07				MTKP Delfin Toru				5:54.03	215
	50m:	37.85	37.85	150m:	2:07.79	45.88	250m:	3:40.88	45.47	350m:	5:14.71	46.39
	100m:	1:21.91	44.06	200m:	2:55.41	47.62	300m:	4:28.32	47.44	400m:	5:54.03	39.32
PK	SOSNOWSKI, Piotr		06				MTKP Delfin Toru				5:10.12	320
	50m:	34.12	34.12	150m:	1:50.99	39.34	250m:	3:11.13	40.37	350m:	4:31.73	40.14
	100m:	1:11.65	37.53	200m:	2:30.76	39.77	300m:	3:51.59	40.46	400m:	5:10.12	38.39